



JB
PARKER'S
BAR & CELLAR

STARTERS

Scampi and sweetcorn chowder with chargrilled toast	£6.75
Cold smoked salmon, capers, red onion, lemon, Guernsey butter and brown bread (a classic).....	£8.75
Guernsey baked crab rarebit with tomato and chorizo chutney.....	£9.00
Pan seared scallops with sweet-pea purée and bacon rashers	£9.75
Cider cured ham hock cucumber salad, soft-boiled egg & grain mustard dressing	£6.30
Confit of beef and chicken liver parfait with homemade apple & sultana chutney and air-dried toast.....	£6.95
Goats cheese and sun-blushed tomato spring rolls with a house pickled vegetable medley (V).....	£6.50
Garlic wild mushrooms on sourdough toast with truffle dressing (VE).....	£7.75

FROM THE CHARCOA

– Let the flames begin!

Our steaks are from British & Irish farms matured for a minimum of 21 days to ensure maximum tenderness and flavour. Our chefs then char over our solid fuel BBQ and rest your steaks to order.

All steaks are served with a garnish of tomato and tarragon compote, accompanied with thick hand cut chips.

8oz/226g Fillet.....	£24.00
10oz/283g Ribeye	£20.85
10oz/283g Sirloin	£21.70

Choose from the following selection of sauces and butter: Red wine sauce / pepper sauce / roast garlic and herb butter.



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MAINS

JB's flame-grilled beef burger with melted mature Cheddar, fried onions served on a sesame bun with hand-cut chips	£13.00
Harissa marinated lamb rump with a beetroot and feta salad, cucumber yoghurt and toasted Arabic flat bread	£19.50
Sticky-glazed belly pork with udon noodle vegetable stir-fry	£11.75
Tender jerk chicken skewer with braised rice and mango salsa	£14.75
Chargrilled supreme of salmon with a pink grapefruit, mizuna, avocado and coriander dressing	£14.00
Baked fillet of cod with a butterbean and chorizo casserole	£14.00
Panko-crumbed fish & chips with pea purée and chunky tartare sauce.....	£12.50
Pollock and langoustine pie topped with Guernsey butter mash	£13.50
Grilled aubergine rolls with tomato and pinenut butter on a spinach risotto (VE) (GF)	£12.00
Sweet potato and kidney bean curry with a timbale of rice (V) (GF)	£10.00

SIDE ORDERS:

Broccoli in a chilli soya sauce.....	£3.75
Guernsey butter mash	£3.75
Rock salt new potatoes	£3.75
Beef tomato & red onion salad, balsamic dressing	£3.75
Garlic and onion sautéed spinach.....	£3.75
House salad with house dressing.....	£3.75
House bread basket	£3.75
Thick hand cut chips with Bloody Mary seasoning.....	£3.75


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PUDS 'N' CHEESE

Lemon cheesecake with blueberry compote	£5.95
Gâche Melée with cinnamon ice cream	£5.95
Sticky toffee pudding with Guernsey vanilla ice cream	£5.95
Brandy brown sugar pears with coconut and cranberry granola (Vegan) (GF)	£5.95
Chocolate artichoke roll with macerated strawberries	£5.95
Raspberry and vanilla parfait	£5.95

FROM THE LOCKER

Our cheese selection changes regularly
- please see a member of our team

A single selection.....	£5.95
A selection of four cheeses with house pickled vegetables, air dried toast and green olives	£14.75

DESSERT WINES AND PORTS

Chateau Fayau, Cadillac, Fr 2012 100ml.....	£6.00
Rickety Bridge, Sweet Chenin Blanc, Late Harvest, SA 2015 100ml.....	£7.00
Chateau de Fesles, Bonnezeaux, Fr 2011 100ml	£8.00
Pocas Ruby Port 100ml	£5.00
Pocas Tawny 10 years old 100ml.....	£5.50
Pocas LBV 2010 100ml	£7.00
